

Coldwater United Methodist Church

April 2023 ~ Newsletter



Pastor's Desk

“Coldwater UMC strives to be a safe harbor for all as we grow in Christ, and respond to the Spirit with childlike curiosity.”

It's been 2 months since we began our visioning process. Over that time a group representing the fullness of diversity from our congregation has had Spirit led conversations, mostly joyous, but some more serious in nature. We've named and defined core values of who we are, and we have made a vision statement, that you just read. It was fun and life giving to be in this process. I left every meeting hopeful for what our future would be. But there has always been a question in all of our conversations and dreaming, the question of your reaction to this statement. Our statement works for us, it's pretty, we think it's clear enough, but its real test lies with you. Because, this must be our statement if it will be worth anything. So, we invite your comments and feedback at the Palm Sunday brunch following our Palm Sunday cantata on April 2nd at 10 am. Members of the visioning team will be scattered throughout the Fellowship hall willing to answer questions and hear your thoughts. We welcome your feedback. :)

While we covet your feedback we also consider that regardless of what our statement is, if it is good as presented or needs to be altered, this is going to be a season of change for our church. It's already has been! We are living into the change of pastoral leadership, the change of secular and sacred attitudes towards church activity, the changing of Coldwater as a growing and more diverse community. Change it appears, is all around us and now is our chance to respond.

I'm grateful to be in this place with all of you. I'm grateful to be apart of a congregation that values fun and blends that with the spiritual. I'm grateful for your service and dedication to our church. And I'm grateful to be here responding to this change with you.

May God Bless us in this changing time,

-Pastor Scott Marsh

Connect with us...

26 Marshall Street
Coldwater, MI 49036
Phone (517) 279-8402

Email: coldwaterum@gmail.com

Website: www.coldwaterum.org

Facebook: www.facebook.com/coldwaterum

YouTube: <https://www.youtube.com/channel/UCRGbDaBqke3ctmHq1ctf37w>

Giving Sundays for 2023

- Apr 23** Native American Ministries Sunday
Jun 4 Peace with Justice Sunday
Oct 1 World Communion Sunday
Nov 26 United Methodist Student Day

***Pastor Scott's office is
open to
walk-ins on Tuesday's
from 9 am—12 pm.
No appointment needed***

Church hours

Service Times

- 9:00 am Classic service
9:15 am Children's Sunday school
10:30 am Casual service

Church Office Hours

- Monday — Thursday
9:00 am — 3:00 pm

****The Church doors are scheduled to be open 15 minutes before the start of each service and 15 minutes after the start of each service for safety reasons. Please plan accordingly.**

M & M Diner ~ April Menu

- Apr 6** Easter Dinner - Ham
Apr 13 Chef's Choice
Apr 20 Goulash
Apr 27 Chicken & Biscuits

One Service Sundays- 10 am

April 2 Easter Cantata

Nurses Notes

Are you under stress with your job, school or what retirement brings? Since April is Stress Awareness month, let's look into the symptoms of stress and steps to take for our stress management. We are all stressed at times but if it is constant in our lives, it can affect our body, our thoughts, feelings and our behavior. The Mayo Clinic gives us some common effects of stress;

ON YOUR BODY

Headache
Muscle tension or pain
Chest pain

Fatigue
Change in sex drive
Stomach upset
Sleep problems

ON YOUR MIND

Anxiety
Restlessness
Lack of motivation
or focus
Feeling overwhelmed
Irritability or anger
Sadness or depression

ON YOUR BEHAVIOR

Overeating or undereating
Angry outbursts
Drug or alcohol misuse

Tobacco use
Social withdrawal
Exercising less often

If you have any of the stress symptoms, try some of these health benefit steps below to manage your stress.

- ◆ Get regular physical activity
- ◆ Try deep breathing exercises, meditation (prayer), yoga, tai chi, or a massage for relaxation
- ◆ Keep a sense of humor
- ◆ Spend time with friends and family
- ◆ Set up time for hobbies, reading a good book or listening to music.
- ◆ Activities you may think reduces stress but may increase stress is watching television, surfing the internet, and playing video games. Interesting!

It's recommended to get plenty of sleep and eat a well-balanced healthy diet. Avoid the use of tobacco, decrease the intake of caffeine and alcohol and the use of illegal substances.

Please see your health care provider if you can't control your stress symptoms on your own. He/she may want to check for potential causes.

If you develop chest pain especially with shortness of breath, jaw or back pain radiating into your shoulder and/or arm, sweating, dizziness or nausea, get emergent care immediately. This could be a heart attack not just stress.

The above recommendations to decrease stress from Mayo Clinic gives us great advice but I say, "Don't take life too seriously and have Faith."

Source: mayoclinic.org

Next blood pressure check April 16, 2023

Keep healthy!

Happy Easter!!

Lana Hunter, R. N.

Registration for 2023 Summer Church Camp has Begun!



Coldwater UMC is very blessed to have a trust fund gifted to us from the Faulkner Estate that will pay for 100% of church camp fees for children and adults who attend our church. Camping isn't just for school age children. There are also family camps and camps for young children with an adult. With a week of camp costing over \$400, this is a wonderful opportunity for our youth and families!

Copies of camp brochures are on the table outside of Friends Place or you can check out the following websites for camp information and how to sign up:

Michigan Conference Camps: <https://umcamping.org> = Wesley Woods, Lake Michigan Camp & Retreat Center, and Lake Huron Retreat Center. Includes camping programs for elementary, middle school, high school and families

Lake Louise Christian Community: <https://lakelouisecommunity.org> Includes Teddy Bear Camp and camps for elementary, middle school and high school ages

Here is what to do:

*Register for camp and pay the camp deposit, which will be reimbursed to you later
Fill out a Camp Scholarship Application form and return it to church by Monday, April 24. The forms are in the Endowment mailbox or contact Michele for a form.
The Endowment Committee meets on April 27 to vote on funding camp scholarships.
Coldwater UMC will pay the balance of your camp fees directly to the camp.
Enjoy camp this summer!
Coldwater UMC will reimburse you for your camp deposit after you return.*

Note: registrations before April 30 are eligible for a discount. However, registrations after April will still be considered. If you have questions, please contact Ruth Proctor or Michele.

Ruth Proctor, Endowment Chair: (517) 741-3817 or email: ruth@accountingtaxpros.com

Small Groups

Prayer Group meets on Mondays at 12:30 pm

Faith & Food—A Bible Study for those in their 20's, 30's & 40's. The group meets on the second and fourth Sundays monthly from 12:00-1:15 pm.

All God's Children meets on the first Monday of each month at 6:30 pm in the Fellowship Hall. Please come and find out what we are all about. Please bring a friend.

Notes to the congregation

Long time member, Rich Johnson, has passed away. His funeral is scheduled for April 1 at 2:30 pm with a visitation at 1:30 pm. There will be light refreshments following the service. If you would like to send Jan a card, please send one to: 741 Park East Blvd. Ste 412, Lafayette, IN 47905.

Worship Assistants

	2-Apr	9-Apr	16-Apr	23-Apr	30-Apr
	ONE SERVICE 10am Communion/ Easter Cantata				
Liturgist 9:00 am		Beth Karney	Kathy Rockey		Diane Godfrey
Liturgist 10:30 am		Beth Karney	Kendra Shook	Carol Tinervia	Diane Godfrey
Combined Service 10 am	Tony Garn				
Usher 1 - 9:00 am				Gail Widener	
Usher 2 - 9:00 am			Bev Zeluff	Jim McDaniels	
Usher 1 - 10:30 am	Sherry Dart				
Usher 2 - 10:30 am					
Teller 1	Grace Parshall	Sheila Walrack	Judy Elliott	Dot Young	Sheila Walrack
Teller 2	Terry Stewart	Dot Young	Barbara Worden	Judy Elliott	Terry Stewart
Teller 3	Shirley Easterday	Jill Avery	Sherry Dart	Ann Boltz	Jill Avery
Coffee Set up 1	Cheryl Robison	Tom Shenefield	Rick Furney	Eva Rice	Paul Meredith
Coffee Set up 2	Dottie Young	Sharon Shenefield	Pat Furney	Cindy Stevens & Bonnie Ewing	Ken & Judy Elliot
Fellowship Clean Up 1	Linda Luce	Tom Shenefield	Rick Furney	Eva Rice	Ken & Judy Elliot
Fellowship Clean Up 2		Sharon Shenefield	Pat Furney	Cindy Stevens & Bonnie Ewing	

This and that

Beginnings Care for Life Center Baby Bottle campaign will take place May 14-June 18. This is an annual fundraiser and supports a wonderful cause. Bottles are provided to collect your change, cash, & checks in for donation.

Nursery care workers needed. Please contact the office for more information. See job description posted on bulletin board.

Tommy's House current grocery list is available on the information table outside of Friend's Place. Please take one.

The Easter Offering will go to Jacob's Well to help those in the community that are in need.

Pastor Scott will lead a **Worship Service at Drew's Place** the first Tuesday of each month at 2 pm. If anyone from the congregation would like to join, please contact Pastor Scott.

Upcoming Events

Join Bishop David Bard: HOLY LAND TRIP
Nov. 13-22, 2023

Please find a brochure with the detailed information posted on the bulletin board in the Narthex across the Sanctuary.

Two additional Extension Trips available as well:
Wonders of Petra and the Dead Sea or Nile Cruise into Cairo.

If you need a brochure, call Nancy Davis. 517-897-4591.

Chancel Choir practice is on Wednesday evenings at 6:30pm

Committee News

It's time together again for our annual mission auction potato bar luncheon. The mission team has set a date of Sunday, October 1. Please submit any ideas you may have for donations for the auction. We have had great participation in the past raising many dollars for missions submit your ideas to Michele at the office or any of the mission team members.
~ Sherry, Linda Luce, Sheila Walrack, Teri Dobson, Ann Boltz.

Exciting News....

\$1000 Scholarships are available for up to three adults from our church toward the Holy Land trip.

For more information on the trip and the scholarships, contact Nancy Davis (Memorial Committee).

Ph. 517-897-4591

Easter Flower Dedications

In Memory of Fred & Betty Barthuly..... April Rose
In Honor of all our grandkids..... Carol Tinervia
In Memory of Rev. Harold & Nelda Frederick.....Chuck & Jayne Lillis
In Memory of Dale & Joan Lillis.....Chuck & Jayne Lillis
In Honor of our grandchildren..... Curt & Ruth Proctor
In Memory of Duane Paradine..... Dick & Bev Zeluff
In Memory of our deceased family members.....Doug & Sherry Keeslar
In Memory of Warren & Dolores Widener.....Gail Widener
In Memory of Jean & Lee Brayton..... Jan & Bill Robinson
In Memory of Helen Basch.....Joan & John Rohloff
In Memory of our parents Lewis & Barbara Uhrig.....Kathy Rockey & Kendra Uhrig Shook
In Memory of our grandparents, aunts, uncles, and cousins.....
.....Kathy Rockey & Kendra Uhrig Shook
In Memory of Betty Ross..... LeeAnn Nagle
In Memory of Sue Nagle..... LeeAnn Nagle
In Memory of Harry Luce.....Linda Luce
In Memory of Baby Marsh.....Meagan Marsh
In Memory of Virgil & Dorothy Davis, parents of Mike Davis..... Mike & Nancy Davis
In Memory of Wayne & Jean Davis, parents of Nancy Davis..... Mike & Nancy Davis
In Memory of Jean Baranowski..... Robert Baranowski
In Memory of loved ones..... Ron & Kay Bercaw
In Memory of Jean & Lee Brayton..... Sally Brayton
In Memory of Dean & Bonnie Culver..... Sally Brayton
In Memory of Greg Brayton..... Sally Brayton
In Memory of my parents, Joyce & Claude Douglas..... Sherry Dart

April Birthdays & Anniversaries

- 1 Shirley Easterday
- 2 Christine Ankner
- 2 *Richard & Thelma Mathews*
- 3 Edward Reed
- 6 Betty Little
- 6 Grace Parshall
- 8 Jack Lintner
- 9 Roger Fuller
- 9 Lloyd Walrack
- 10 *Donald & Janet Treacher*
- 13 Cathy White
- 15 Linda McKay
- 15 Mark Stechschulte
- 15 Robbin Wilber
- 17 Cathy Hansen
- 17 Janet Kahler
- 17 Donald Treacher
- 18 Julie Outlaw
- 18 Connie Waldron
- 18 Beverly Williams
- 19 Charlie Putnam
- 20 Greg Stechschulte
- 24 Jill Avery-Dobbertien
- 25 James Tinervia
- 26 Thelma Mathews
- 29 Deborah Stechschulte

PRAYER LIST

*Annette
Jack Ferguson
David & Carol Hindenach
Bente Howe
Jan Johnson
Cathy Marbaugh
Betty Meulhaus
Cindy Paul
Barb Pluister
Co-worker of Kathy Rockey
Tyler S.
Beau Siler
Jeff Streets
Sue Wassenberg
Ashley Wilcox
* Family of Rich Johnson
*Our leaders, our nation, our world
*The leaders within our church,
committee meetings, and groups
that gather*

*Please submit your Prayer request's by filling out the prayer request cards located in the pews, send an email to the church office or pastor, or call the office.
Please note that due to confidentiality the church will not publish prayer requests without permission of the individual being added to the prayer list/chain

HOLY WEEK ACTIVITIES

Palm Sunday, April 2 • 10:00 am

Lloyd Larsen's "Worthy Is the Lamb"

Presented by CUMC Cantata

Potluck Meal to follow the service.

Wednesday, April 5 • 12:00 pm

United Methodist Women

Lenten Luncheon

Speaker Pastor David Morton

~ **Everyone invited** ~

Maundy Thursday, April 6 • 5:30pm

Located at Coldwater UMC

Meal begins at 5:30 pm

Service to follow.

*Both will take place in the Fellowship
Hall*

Good Friday, April 7 • 12:30pm

Good Friday Service in the

CUMC Sanctuary

Ecumenical Service

Easter Sunday, April 9 • Begins at 7:30 am

7:30 am Sunrise service

8:00 am Pancake Breakfast

provided by UM Men

9 & 10:30 am Services & Com-
munion

April 2023



S	M	T	W	T	F	S
1	2	3	4			
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
2 Palm Sunday 10:00 am One Service Cantata 11:00 am Potluck	3 12:30 pm Prayer Group 6:30 pm All God's Children	4 9:00 am Pastor's open h 2 pm Pastor at Drew's P	5 Bulletin Deadline 12:00 UWF Luncheon 6:30 pm Choir Practice	6 Maundy Thursday 7 am Rotary 4 pm M&M Diner 5:30 pm SPRC Mtg 5:30 pm Maundy Th me 6:00 pm service	7 Good Friday Church offices closed 12:30pm Ecumenical Good Friday Svc 6 pm Kids Safe space	9 am Worship Team Mtg 2:30 pm Rich Johnson Funeral
9 Easter 7:30 am Sunrise Service 8:00 am Breakfast 9:00 am Classic Service 10:30 am Casual Service 12:00 Faith & Food	10 11:00 am Young MI Dar 12:30 pm Prayer Group	11 9:00 am Pastor's Open H	12 Bulletin Dead line 6:30 pm Choir Practice	13 7 am Rotary 4 pm M&M Diner 6:30 pm Trustees Mtg	14 Church offices closed 6 pm Kids Safe space	15
16 BP Checks 9 am Classic Service 9:15 am Children's ss 10:30 am Casual Service	17 12:30 pm Prayer Group	18 9:00 am Pastor's Open H	19 Bulletin Dead line 6:30 pm Choir Practice	20 Newsletter Deadline 7 am Rotary 4 pm M&M Diner	21 Church offices closed 6 pm Kids Safe space	22
23 9 am Classic Service 9:15 am Children's ss 10:30 am Casual Service 12:00 pm Faith & Food	24 12:30 pm Prayer Group	25 9:00 am Pastor's Open H	26 Bulletin Dead line 6:30 pm Choir Practice 6:30 pm Education Mtg	27 7 am Rotary 5 pm M&M Diner	28 Church offices closed 6 pm Kids Safe space	29
30 9:00 am Classic Service 9:15 am Children's SS 10:30 am Casual Service	1					



Coldwater United Methodist Church

For the most current information view our online church calendar at
www.coldwaterum.org